

August 1, 2009

Issue 8

Sunday Worship

9:00 and 11:15 a.m.

9:00 a.m. worship offers
Holy Communion

Sunday School at
10:00 a.m. for all ages

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Our Mission

- ✠ Serve as the hands and feet of Christ
- ✠ Reach out to the community in witness and mission
- ✠ Grow by embracing new members and new ministries
- ✠ Care for our church family and community
- ✠ Celebrate Christ's love through prayer, study and worship



Dear Friends,

For several years, the month of August has been our time as a congregation for gathering together to imagine ways to become a more "Welcoming Congregation." We focus on returning from summer vacations, re-starting our own fall activities and preparing to welcome the strangers who come seeking a new church home during our Open House Month.

This August we'll make use of resources written by Bishop Robert Schnase called *Five Practices of Fruitful Congregations*. Bishop Schnase, a former pastor in our area, is now Episcopal leader in Missouri. His book is entitled *Five Practices of Fruitful Congregations* and he focuses on

- Radical hospitality
- Passionate worship
- Intentional faith development

- Risk-taking mission and service
- Extravagant generosity

Madeline and I will offer sermons during August to challenge us to imagine ways to enhance our life together with these themes in mind.

You are also invited to join us in a focused devotional discipline during these five weeks. We'll read and pray with *Cultivating Fruitfulness: Five Weeks of Prayer and Practice for Congregations*, also by Bishop Schnase.

Copies of these two books will be available for purchase in the church office. They can also be ordered from Cokesbury.

I hope you will join us in prayer, reflection and transformation of our ministries during this August!

Grace and peace,
Bill Henderson

Prize Donations Needed for Carnival!

Do you have items that might be used as prizes for the upcoming carnival in September? We are looking for home decor items, jewelry, purses, technology items, CDs, etc.- anything that might appeal to women/men that could be used for adult prizes. These can be new or very gently used items. Please contact Lea Moody at moody.lead@att.net or 349-2836 or contact Heather Taylor at cometkazi1@aol.com Thanks in advance for your help!!

Adult Children of Aging Parents Support Group

Moving Your Aging Parents: Fulfilling their needs and yours before, during and after the move.

When: Wednesday, August 19, 7:00 p.m.
Where: Education Building
Who: Nancy Wesson, M.A., author

We will discuss ways to honor our aging parents and ourselves in the process of transitions and caregiving. Late in life challenges, whether aging in place or relocating, are less about the mechanics of the process than about honoring the spirit. Nancy, a former audiologist, mediator and crisis counselor will talk about how to accomplish both in ways that heal relationships, rather than harm. She will

also touch upon adjustments that can be made to physical spaces to ease caregiving and aging-in-community.

Nancy is a Senior Relocation Specialist, Feng Shui Expert, Professional Organizer and Trainer. She combines a toolbox of skills to empower her clients in managing their own energy and resources, creating optimal environments that support ease of living and reduce stress. While assisting her own mother through relocations, Nancy realized that all of her training merged to help her mother in ways that healed their relationship and transformed their lives. Nancy's syndicated column for the Austin Homesteader and other articles appear on her website, www.focusonspace.com. Read more about her book at www.MovingYourAgingParents.com.

This is a forum to *nurture and recharge* concerned adult children caring for their loved ones as they age. For more information please contact Nancy Nickerson at 837-3741.

Jump On This Opportunity to Advertise Your Business!

Advertise your business to the Northwest Austin community by sponsoring a booth at the 2nd annual Northwest Hills Community Carnival, Saturday, September 12th! It only costs \$200.00 to sponsor a booth or you can co-sponsor with another business for \$100.00 each. For detailed information contact Lea Moody at moody.lead@att.net or 349-2836.

Financial Status June 2009

	June		Year to date	
	Actual	Budget	Actual	Budget
Receipts plus Carryover	\$102,659	\$84,473	\$541,490	\$524,836
Expenses	\$84,870	\$83,151	\$502,916	\$522,121
Net Income	\$17,789	\$1,322	\$38,574	\$2,716
	12/31/08	6/30/09		
Mortgages	\$2,177,556	\$2,119,510		

Our net income for June was \$17,789 with income \$18,187 above our budget and expenses were \$1,719 above the budgeted amount. With the exceptional results we have experienced this year with income higher than expected and expenses lower than expected, our income year to date is \$38,574 above our expenses. We paid down the principal on our mortgages \$58,046 so far this year, \$22,219 from our operating budget and the remainder through continuing contributions to our building fund. Thanks to the early pay-down from contributions to the building fund, we have saved \$2,000 in interest so far this year and applied that to principal! Check the financial report on the church's web site at <http://www.nwhillsumc.org>.

In Our Thoughts and Prayers

Carrie Wheatley, Trey Whiddon, Robbie Kuemmel, Lexie Christian, Carol Bruney, Cathy Troutner, Sharon Bistline, Katherine Kinniell, Our Troops

Those we love who are in nursing homes
 Vernen Liles, Mary Alice Smith,
 Billie Stout, Sara Moise, Clara Mae Mann,
 Melba LaFitte

Prayer concerns may be submitted to our Yahoo! Prayer Group by sending an email request to:

NWHillsUMCPrayers@yahoo.com

For confidential prayer requests, contact the church office or email PC Coordinator, Sharon Donley at: martindonley@msn.com.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
8:00 AM United Methodist Men's Breakfast
8:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group (offsite)
10:00 AM Yoga
1:00 PM KUMC Youth

2
9:00 AM Contemporary Worship
10:00 AM Sunday School for all ages
10:30 AM KUMC Choir Practice
11:15 AM Traditional Worship
11:30 AM KUMC Worship
11:30 AM KUMC Youth
12:00 PM KUMC Fellowship

3
8:30 AM Youth trip to Schlitterbahn
11:00 AM Rotary Club
5:30 PM Emmaus Reunion Group
6:00 PM Joyful Praise Rehearsal
7:00 PM Troop 3
7:00 PM Trustees Committee

4
6:00 AM KUMC Service
7:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group
10:00 AM Prayer Shawl Ministry
7:00 PM Crochet Class

5
6:00 AM KUMC Service
7:00 AM UMM Breakfast
9:30 AM Mexican Train Domino Game
6:00 PM Choir dinner
7:00 PM Glenn Johnson
7:00 PM Library Cmte
7:00 PM Open Door ERG
7:00 PM Quilters
7:30 PM KUMC Service
7:30 PM Sanctuary Choir

6
6:00 AM KUMC Service

7
6:00 AM KUMC Service
10:30 AM Prayers in FLC Chapel
12:00 PM Office
 Closed at noon
1:00 PM Friday Friends ERG

8
8:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group (offsite)
10:00 AM Yoga
1:00 PM KUMC Youth

9
9:00 AM Contemporary Worship
10:00 AM Sunday School for all ages
10:30 AM KUMC Choir Practice
11:15 AM Traditional Worship
11:30 AM KUMC Worship
11:30 AM KUMC Youth
12:00 PM KUMC Fellowship
12:30 PM Gallery Reception

10
11:00 AM Rotary Club
5:30 PM Emmaus Reunion Group
6:30 PM Chorus Austin
7:00 PM Troop 3

11
6:00 AM KUMC Service
7:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group
9:30 AM United Methodist Women **
6:00 PM TCC rehearsal

12
6:00 AM KUMC Service
7:00 AM UMM Breakfast
9:30 AM Glenn Johnson
7:00 PM Library Cmte
7:00 PM Open Door ERG
7:00 PM Quilters
7:30 PM KUMC Service
7:30 PM Sanctuary Choir

13
5:00 AM Homeless Breakfast
6:00 AM KUMC Service
6:00 PM Evangelism meeting
6:00 PM TCC rehearsal

14
6:00 AM KUMC Service
10:30 AM Prayers in FLC Chapel
12:00 PM Office
 Closed at noon
1:00 PM Friday Friends ERG
6:00 PM TCC rehearsal

15
8:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group (offsite)
10:00 AM Yoga
1:00 PM KUMC Youth
6:00 PM TCC Concert

16
9:00 AM Contemporary Worship
10:00 AM Sunday School for all ages
10:30 AM KUMC Choir Practice
11:15 AM Traditional Worship
11:30 AM KUMC Worship
11:30 AM KUMC Youth
12:00 PM KUMC Fellowship
1:00 PM TCC Concert
4:00 PM The Fast that I Choose

17
11:00 AM Rotary Club
5:00 PM Angel Food Order Deadline
5:30 PM Emmaus Reunion Group
6:00 PM Joyful Praise Rehearsal
6:00 PM Troop 3 Court of Honor
6:30 PM Chorus Austin
7:00 PM PPRC meeting

18
6:00 AM KUMC Service
7:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group
10:00 AM Prayer Shawl Ministry
7:00 PM Crochet Class
7:00 PM Finance Committee

19
6:00 AM KUMC Service
7:00 AM UMM Breakfast
7:00 PM Glenn Johnson
7:00 PM Library Cmte
7:00 PM Open Door ERG
7:00 PM Quilters
7:30 PM KUMC Service
7:30 PM Sanctuary Choir

20
6:00 AM KUMC Service
6:30 PM Prayer Team Meeting
7:00 PM Prayer Service

21
6:00 AM KUMC Service
10:30 AM Prayers in FLC Chapel
12:00 PM Office
 Closed at noon
1:00 PM Friday Friends ERG

22
8:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group (offsite)
10:00 AM Yoga
10:30 AM CENTEX support group
1:00 PM KUMC Youth

23
9:00 AM Contemporary Worship
10:00 AM Sunday School for all ages
10:30 AM KUMC Choir Practice
11:15 AM Traditional Worship
11:30 AM KUMC Worship
11:30 AM KUMC Youth
12:00 PM KUMC Fellowship
4:00 PM The Fast that I Choose

24
11:00 AM Rotary Club
5:30 PM Emmaus Reunion Group
6:30 PM Chorus Austin
7:00 PM Troop 3

25
6:00 AM KUMC Service
7:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group
7:00 PM Austin Chord Rangers rehearsal
7:00 PM Chrysalis Board

26
6:00 AM KUMC Service
7:00 AM UMM Breakfast
7:00 PM Glenn Johnson
7:00 PM Library Cmte
7:00 PM Open Door ERG
7:00 PM Quilters
7:30 PM KUMC Service
7:30 PM Sanctuary Choir

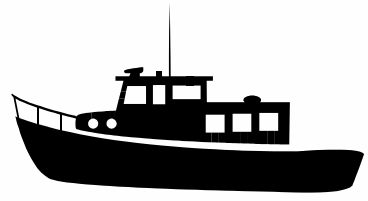
27
6:00 AM KUMC Service

28
6:00 AM KUMC Service
10:30 AM Prayers in FLC Chapel
12:00 PM Office
 Closed at noon
1:00 PM Friday Friends ERG

29
7:00 AM KUMC Worship
8:00 AM Angel Food Pickup
8:00 AM KUMC Fellowship
8:30 AM Emmaus Reunion Group
8:30 AM Emmaus Reunion Group (offsite)
10:00 AM Yoga
1:00 PM KUMC Youth
5:00 PM Austin Chord Rangers

30
9:00 AM Contemporary Worship
10:00 AM Sunday School for all ages
10:30 AM KUMC Choir Practice
11:15 AM Traditional Worship
11:30 AM KUMC Worship
11:30 AM KUMC Youth
12:00 PM KUMC Fellowship
4:00 PM The Fast that I Choose

31
11:00 AM Rotary Club
5:30 PM Emmaus Reunion Group
6:00 PM Joyful Praise Rehearsal
6:30 PM Chorus Austin
7:00 PM Troop 3



Thank you!

My Friend's House would like to thank the following businesses, families and classes for all the donations and contributions to our silent auction. This event was a huge success! We made \$3,590 in donations alone. Thanks again!!

Jason Mitchell, Avenue Gifts, Outer Space Wastebasket by Shooting Stars, Fast Frame, Far West Nails and Spa, Austin Dental, Blanton Museum, Orpheus Music School, Kneaded Pleasures, Thomas the Train Toy Basket by the Turtles, Mr. and Mrs. Bellavia, Personalized Mugs by Lissa Anderson and Sunbeams, Dog Canvas by Busy Bees, John and Jeanne Shanks, Three Threads, Kristyn Rankin, Paige King Jewelry, Book Crate by the Sunbeams, Dart Bowl, Coffee Baskets by Sunbeams, Birthday Party Gift Basket, Ms. Dewberry, Schlitterbahn, Austin Steam Train, Dr. Franklin, Holly Jordan, Gretchen Crook, Dr. Collins, College Nannies and Tutors, Snack Baskets by Shining Stars, Canvas by Comets, Longhorns Baskets by Comets, Family Game Night Basket by Koalas, At Home Spa Baskets by Busy Bees, Destiny Olivares Movie

Night Basket by Shooting Stars, Bear Basket by Teddy Bears, Kerri Tullius Custom Made Hat, M. Rouche Editorial and Consulting Services, Art of Touch, Saks 5th Avenue, Tracy Thomas, Mena Dance Academy, Susannah Jacobson, Russell's Bakery, Starbucks, Krispy Kreme, Toddler Bath Basket by Rainbows, Summer Tote and Summer Basket by Dragonflies, Peri Kowel, Wendi Cartwright, Wines and Wine Tasting Seminar by Levi Lambert, Personalized Jewelry Box by Butterflies, Joseph Alvarez, Canvas by Dragonflies, Bailey Bea Designs, Texas State History Museum, Kristin Lemke, Sara Atkins, El Arroyo, Bert's BBQ, Julie Stoakley, Infant Gift Baskets by Butterflies, Book Crate by the Koalas, Small Canvas Art Series by the Teddy Bears, Canvas by Turtles, Lisa Thompson, Kerri Means, Carson Lovell, John Dapper, Morgan Keegan, Inc., Bench by Rainbows, Hair Notions, Michael's Hair Salon with Debbie.

I would like to also thank all members of the MFH Council. Many, many thanks again for all your help and the continued support you give to MFH. My apologies if I have left anyone out.



Hang It Up

For as long as I can remember my mother has used a clothesline to dry our clothes. Even though I grew up in a 5th floor apartment, this did not prevent her from drying our clothes this way. We had a clothesline contraption on the balcony and several drying racks in the bathroom. Maybe my mother knew that hanging up clothes neatly on a line helps prevent wrinkles, which means less ironing. Or that you can sort them as you hang them up. Or maybe she simply liked the smell of sun dried clothing fresh off the line. I don't think she was trying to be particularly green or an environmentalist. To her she was just doing what made sense- why stick clothes in a dryer and pay for electricity or gas when you can simply hang them up and wait for free.

When we moved into our house in Austin 17 years ago, a clothesline was one of the first things we put up. We also installed a retractable line in the garage. Unfortunately, I have yet to see another clothesline in our neighborhood.

Drying your clothes on the line will maintain their quality and color. Every time a conventional dryer is used your clothes are stretched, ground and heated. This gradually destroys the fabric of your clothing and makes them wear

out much faster. Also, stains can be more difficult to get out when subjected to the intense heat of a dryer.

The dryer is the third most energy sapping appliance in the home (after the refrigerator and the washing machine). An electric clothes dryer typically uses anywhere from 1.8 to 5.0 kWh which is like turning on over eighty 60W light bulbs. About 5.8% of residential electricity use in the United States goes towards the clothes dryer.

Clothes lines are a common way to dry clothes in many countries and may be one of the reasons that per capita energy consumption in countries like Germany and Spain is half of what it is here in the United States. However, whether due to our current economic crisis or a higher environmental awareness, line drying may be starting to catch on here in the United States. In the recent Pew Research Center "Luxury or Necessity?" survey, only two-thirds (66%) of respondents consider a clothes dryer a necessity. That's down from 83% in 2006 (and nearly identical to the 69% who in a 1983 Roper survey considered a clothes dryer a necessity).

Hanging your clothes on the line is good for them and the environment. It really doesn't take that much more effort and when it's 106 degrees outside you can dry a load of laundry faster than you can say, "rolling blackouts."

August Birthdays

- August 1 Glee Chaney, Jim McComb, Tyler Cline, Randy Humphrey, John Tuttle, Mark Boyle
- August 2 Jack Eddins, Maurine Atwood, Tyler Avey, Kelly Wray
- August 3 Jerry Dike, Bonita Campbell, Lori Lucas, Alison Norman, Jacob Brewer, Elizabeth Rogers
- August 4 Johnny McPherson, Carolyn Hare, Jackie Pinckard, Kilie Payne, Katherine Foster
- August 5 Don Hammond, Jessica Martens, Erin Shafto, Alaina Goss
- August 6 Mia Caldwell, Millie Shimfessel, Tim Martin
- August 7 David Zane
- August 8 James Bradford, Fred Fuchs, Kristen Hudgins, David Bistline, Zach Waggoner, Kyle Hammond, Amy McPherson
- August 9 Jane Walters, Christine Gardy
- August 10 Cindy Vaden, Megan Church
- August 12 Jody Henderson, Barbara Speer, Jessica Moynihan, Ava Rose Newton
- August 13 Bonnie LaBoon, Stephen Houston, Carol Demler
- August 15 Opal Knight, Garland Gray, Bruce Stuckman, Belinda Avey
- August 16 Walt Lengel
- August 17 Bonnie Phillips, Nancy Nickerson, Don Dudley, Amy Maletta, Walter Dance
- August 18 Jewell Newman, Carlene Wooley, Jean Leonard, Audrey Goss
- August 19 Tom Watson
- August 20 Catherine Bailey
- August 21 Kristen Valdez, Kyle McElroy
- August 23 Joy Unger
- August 24 Mike Wilfley, Mary Rogers
- August 25 Dennis Cavner, Jim Trulove, Zach Crawford, Kelly Mullins
- August 26 Bea Barnard, Bruce Loyer, Julie Arnold, Lauren Watson
- August 27 Weston Breazeale
- August 28 Steven Clarkson, Jean Schmidt, Becky Clarkson, Lindsey Willoughby
- August 29 Jerrene Dishongh
- August 30 Joyce Reynolds, Harvey Doerr, Jo Ann Welles
- August 31 Nancy Smith, Allen Woelke, Carl Gusler, Tisha Brown, Daniel Dance

Children's Ministry

Starting August 2 at the 9:00 a.m. service we will be trying out a special time for children. The children will join Miss Jean in the choir room for their own sermon as the adults hear their sermon. The children will move to the choir room during the offering song and will return to the sanctuary for communion. Our hope is that children will know they are a part of the church as they are in service through music at 8:50 a.m., leave for their sermon, and then return to the church family for communion. The 11:15 a.m. service will remain as is with Children's Time in the order of worship.

The Presentation of Bibles to our 3rd graders will be on Sunday August 30; parents look for a letter this month. I will need to know what service you will attend and how your child's name should appear in their Bible.

Stepping Up Sunday will be September 6. Children will go to grade specific classrooms: 2 year olds, 3 year olds, 4 year olds and kindergarten are located in the Family Life Center. 1st grade through 5th grade are in the Worship and Education Building.

Have you decided which team you would like to be on this year? Which teaching team that is! With approximately 100 children we need about 20 adults each Sunday. When there are teams of 4 per class you are not expected to teach every Sunday, but we then need about 40 adults. Thank You to those who have agreed to help! To those still in prayer, please call or e-mail me.



Blessings,
Miss Jean

North Hills Gallery

The August show will feature artists who have works in the Northwest Hills UMC permanent collection. The show will run August 5-30. Please join us for a reception on Sunday, August 9 at 12:30 p.m. in the gallery.



Offering God's Love... Building Believers.

Important Deadlines

The Herald

Deadline: Monday, August 17, 12:00 p.m.

Publish date: Wednesday, August 26

Deadline: Monday, September 21, 12:00 p.m.

Publish date: Wednesday, September 30

The Bulletin

The **deadline** for the weekly Sunday bulletin is

10:00 a.m. every Wednesday.

Please send articles to: hnovielli@nwhillsumc.org

Notes from Beth

Gallery Permanent Collection The North Hills Gallery August show will be featuring artists who have works in the Northwest Hills UMC permanent collection. Those artists include current church member, Sonja Kever, former member (deceased) Nancy Hawkins, Martha Paisley Ruth, Frances Ashley and Kathy Summers. This will be the first show that highlights the works of artists who have had paintings purchased by Gallery funds and funds from the gift given by Jeannette Faurot to Music and Arts Ministry. The permanent collection is selected by a committee consisting of members of the Gallery committee, a staff person and one congregation member at large. The exhibit will be on display August 5-30 with a reception on August 9.

Time to Join a Musical Ensemble! It's time to decide to be a part of music ministry by singing with the Sanctuary Choir or singing or playing an instrument with Joyful Praise, playing handbells (youth and adult), participating in the children's Celebration program, or providing an instrumental or vocal solo. Contact Beth or Corey in the church office (345-1743) to become involved!



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Austin, Texas 78731

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 **The Herald**