

Sunday Worship

8:50 AM Contemporary
Worship with Communion

11:15 AM Traditional Worship

10:00 AM Sunday School

Mission

Making new disciples of Jesus Christ for the transformation of the world.

God's vision for Northwest Hills UMC is that we be the active presence of the Kingdom of God in our community. We will live out that vision by offering the life-changing love of Jesus Christ through energetic outreach, vibrant worship, compassionate service, and intentional faith development.

Vision

Healthy Habits

Have you ever had an unhealthy habit? Come on now, think back. It may take some serious thought to bring it to mind. Perhaps it's been so *long* since you had a bad habit that you almost have forgotten that you ever had one! Right! Don't we wish that truly were the case?

Habits- we've got lots of them. They are part of our everyday life. We may think of them as a part of our routine or ritual or plan, but they still are habits. Those behavioral patterns that we develop over time or that we just seem to fall into. However we acquire them, they're there. And they seem to dominate a good portion of our lives.

The problem is, among our collection of habits are a mix of both *good and bad* behaviors. And, of course, in this case the labels "good" and "bad" can mean different things depending upon the nature of the habit. That is: the "bad" habits can be those that negatively affect our health or relationships or emotions, etc.

However in most cases, habits (and especially the bad ones) seem to become so ingrained that we often don't even notice them, we just *do* them. Or if we *do* happen to notice them, we often downplay their importance because, frankly, it's a lot easier that way. It can take some really hard work to break bad habits. It is in the support of bad habits that most of us develop our best skills of rationalization. (This would be a good place for some real-life illustrations, but unfortunately I think we all could provide our own!)

The point is, most of us will continue in our "not-so-good" habits until something significant happens to alter either our self-deception or our complacency. (For example, a health problem may surface leading us to change a habit in lifestyle.) Although most of us are inclined to seek quick and easy solutions to such problems, the solutions that really work and last usually involve our taking the time and effort to change our behavior patterns.

To do so, most people find it helpful to substitute a healthy habit for an unhealthy one, rather than just trying to quit the unhealthy habit cold turkey. In that case the effort then becomes a positive endeavor instead of a negative one. So, rather than focusing our effort on quitting habit X (which makes *it* the object of our attention) our effort is directed toward establishing a *new* habit to replace the old (which makes the more healthy behavior the object of our attention.) An example might be: rather than striving not to speak *negatively* about anyone, we might resolve only to speak *positively* about everyone. It's a subtle but important distinction. And many people find it much easier to start a new habit than to quit an old one.

With all of this in mind, I encourage you to consider your habits regarding church. Many of your habits may be positive. But if you look at them closely, are there some that could stand improvement?

Prayers: Are you praying for your church regularly? Are you praying for the people on our prayer list? You can be join our Yahoo Prayer Group by emailing nwhillsumcprayers-subscribe@yahoogroups.com or our prayer chain by emailing Marty Donley at martindonley@msn.com.

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Deadlines

The Herald

Deadline: Monday, July 21, 12:00 pm

Publish date: Wednesday, July 30

Please send articles to hnovielli@nwhillsumc.org

The Bulletin

The **deadline** for the Sunday bulletin is **10:00 am every Wednesday**.

Financial Status May 2014

	May		Year-to-date	
	Actual	Budget	Actual	Budget
Receipts plus carryover	\$79,536	\$82,003	\$440,408	\$425,513
Expenses	\$78,431	\$83,286	\$390,207	\$416,529
Net Income	\$1,105	(\$1,283)	\$50,201	\$8,983

	12/31/13	5/31/14	YTD Paydown
Mortgages	\$1,480,035	\$1,448,361	\$31,674

The budget numbers are from the approved budget that does not fund most of the benevolences part of our apportionments. Our receipts for the month are \$2,466 below this reduced budget and our expenses are \$4,854 below the budget putting us \$1,105 ahead of the budget for the month. Year-to-date we are \$41,218 ahead of the budget thanks to seven members who paid over \$36,000 in February to fully pay the increase in their pledges in response to our secondary effort for added pledges to help us approach a balanced budget that fully funds our ministries for 2014.

We paid down our mortgages \$31,674 so far this year: \$20,501 from our budget and the remainder from continuing contributions to our building fund and reduced interest payments due to our early principal payments. Check the financial report under the member tab on the church web site at www.nwhillsumc.org/members.html

July Birthdays

- 1 Frank Filipponi, Abigail Norman
- 3 Harold York
- 4 Alexandra Bouzid
- 5 Marsha Gray, Torrey Wilkins, Ivan Dominguez
- 6 Nancy Pellerin, Jan Jordan, Suzy Wood
- 7 Laura Barnes
- 8 Jean Marinus, Marci Shafto
- 10 Matthew Johnson
- 11 Jeffrey Norman
- 12 Lila Kirkendall
- 13 Robert Bowker
- 14 Barbara Hays, Frank Spencer, John Glock, Kevin Reed, Jon Perkins, Blake Staigerwald
- 15 Greg Watson, Wendy Ellis
- 16 Kathy Bouldin
- 17 Michael Belohlavy, Ken Einhorn
- 18 Sue Watson, Dee Wood
- 19 Nancy Gibson
- 20 Daniel Renfro
- 21 Carol Pinckard
- 22 Chris Cavner, Marilyn Cole
- 23 Sterling Sasser, Suzanne Chaney
- 24 John Landers, Nora Brock
- 25 Renee Louderback
- 26 Mickey Moore, Judy Monroe, Thom Lang, Louise Tedford
- 27 Erin Hudgins
- 28 Bob Watson
- 29 Beth Gillham, Barbara Wray, David Cline, Elizabeth Lowrey, Thomas Lowrey
- 30 Krista Payne
- 31 Les Broomall, Mark Clardy, Sarah Walters

North Hills Gallery



North Hills Gallery presents the Creative Arts Society from July 2-August 3. Please join us for a reception on Sunday, July 6 at 12:30 pm.

Celebrating Miss Jean!

Jean Marinus, director of Children's Ministries, is retiring. The children of NWHUMC and MFH invite you to celebrate her ministry! Join us for a luncheon at 12:30 pm on Sunday, July 13. There will be entertainment and surprises that you won't want to miss! Please RSVP to help us plan for food (512-345-1743, rsvp@nwhillsumc.org).



Summer Dance News 2014

Our 7th annual Spirit Dance Clinic has moved to July! This year camp will be a two-day dance clinic focusing on ballet and praise choreography to be shared with the congregation. The clinic will be Thursday, July 10 and Friday, July 11, 1:00-4:30 p.m. Dancers will present a piece to the congregation on Sunday, July 13. Registration is \$35 and forms are available online at www.nwhillsumc.org.



JULY 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>JULY</p>		<p>1 7:15 AM Emmaus Reunion Group 9:00 AM Emmaus Reunion Group 9:00 AM MFH Chapel 10:00 AM Prayer Shawl Ministry 12:00 PM Emmaus Reunion Group 2:00 PM Dance rehearsal 6:00 PM Joyful Praise 6:00 PM MFH Staff Meeting 6:30 PM Trustees Committee 7:00 PM Amphion Youth Choir</p>	<p>2 7:00 AM UMM Breakfast 9:30 AM Mexican Train Domino Game 9:30 AM MFH Chapel 12:30 PM MFH 3:00 PM MFH 5:00 PM Carol Glorda 6:30 PM Emmaus Reunion Group 7:30 PM Emmaus Reunion Group 7:30 PM Sanctuary Choir 8:30 PM Emmaus Reunion Group</p>	<p>3 9:30 AM Yoga MFH 10:00 AM Emmaus Reunion Group 10:00 AM MFH 4th of July 10:00 AM Women's Bible Study 7:00 PM Amphion Youth Choir</p>	<p>4 MFH Closed Office Closed 7:30 AM Emmaus Reunion Group 9:00 AM Carol Glorda 10:30 AM Friday Lunch Bunch 10:30 AM Mommy and Me 1:00 PM Dance rehearsal 2:00 PM Wedding Rehearsal dinner</p>	<p>5 7:45 AM Emmaus Reunion Group 8:00 AM Emmaus Reunion Group 9:00 AM Carol Glorda 12:00 PM Wedding</p>
<p>6 8:30 AM Free Store pickup 8:50 AM Contemporary Worship 10:00 AM Coffee with the Pastors 10:00 AM Sunday School for all ages 11:00 AM Youth Band rehearsal 11:15 AM Traditional Worship 3:30 PM Youth Gathering 4:00 PM Hymn Sing</p>	<p>7 9:15 AM Soccer MFH 11:30 AM Emmaus Reunion Group 12:30 PM MFH 3:00 PM MFH 6:30 PM Women's Bible Study 7:00 PM Troop 3</p>	<p>8 7:15 AM Emmaus Reunion Group 9:00 AM Emmaus Reunion Group 9:00 AM MFH Chapel 9:30 AM UMW 12:00 PM Emmaus Reunion Group 2:00 PM Dance rehearsal 6:00 PM Joyful Praise 7:00 PM Amphion Youth Choir</p>	<p>9 7:00 AM UMM Breakfast 9:30 AM MFH Chapel 12:30 PM MFH 3:00 PM MFH 5:00 PM Carol Glorda 6:30 PM Emmaus Reunion Group 7:00 PM Nite Owls Quilters 7:00 PM Troop 3 7:30 PM Emmaus Reunion Group 7:30 PM Sanctuary Choir 8:30 PM Emmaus Reunion Group</p>	<p>10 9:30 AM Yoga MFH 10:00 AM Emmaus Reunion Group 10:00 AM Women's Bible Study 1:00 PM Dance Camp</p>	<p>11 7:30 AM Emmaus Reunion Group 9:00 AM Carol Glorda 9:00 AM Stretch-N-Grow MFH 9:30 AM Kinderdance MFH 10:30 AM Friday Lunch Bunch 10:30 AM Mommy and Me 1:00 PM Dance Camp 1:00 PM Emmaus Reunion Group 1:00 PM Emmaus Reunion Group 5:00 PM Wedding rehearsal</p>	<p>12 7:45 AM Emmaus Reunion Group 8:00 AM Emmaus Reunion Group 9:00 AM Carol Glorda 1:00 PM Wedding</p>
<p>13 8:50 AM Contemporary Worship 10:00 AM Sunday School for all ages 11:00 AM Youth Band rehearsal 11:15 AM Traditional Worship 12:30 PM Celebration of Jean Marinus 3:30 PM Youth Gathering</p>	<p>14 8:30 AM Little Spark Studio 9:15 AM Soccer MFH 11:30 AM Emmaus Reunion Group 12:30 PM MFH 3:00 PM MFH 6:30 PM Women's Bible Study 7:00 PM Stephen Ministry 7:00 PM Troop 3</p>	<p>15 7:15 AM Emmaus Reunion Group 8:30 AM Little Spark Studio 9:00 AM Emmaus Reunion Group 9:00 AM MFH Chapel 10:00 AM Prayer Shawl Ministry 12:00 PM Emmaus Reunion Group 2:00 PM Dance rehearsal 6:00 PM Joyful Praise 6:45 PM NWHills UMC Board 7:00 PM Amphion Youth Choir</p>	<p>16 7:00 AM UMM Breakfast 8:30 AM Little Spark Studio 9:30 AM MFH Chapel 12:30 PM MFH 3:00 PM MFH 5:00 PM Carol Glorda 6:00 PM DYPS 6:30 PM Emmaus Reunion Group 7:00 PM Nite Owls Quilters 7:30 PM Emmaus Reunion Group 7:30 PM Sanctuary Choir 8:30 PM Emmaus Reunion Group</p>	<p>17 8:30 AM Little Spark Studio 9:30 AM Yoga MFH 10:00 AM Emmaus Reunion Group 10:00 AM Women's Bible Study 7:00 PM Amphion Youth Choir 7:00 PM Monthly Prayer Service</p>	<p>18 7:30 AM Emmaus Reunion Group 8:30 AM Little Spark Studio 9:00 AM Carol Glorda 9:00 AM Stretch-N-Grow MFH 9:30 AM Kinderdance MFH 10:30 AM Friday Lunch Bunch 10:30 AM Mommy and Me 1:00 PM Dance rehearsal 1:00 PM Emmaus Reunion Group 1:00 PM Emmaus Reunion Group</p>	<p>19 7:45 AM Emmaus Reunion Group 8:00 AM Emmaus Reunion Group 9:00 AM Carol Glorda</p>
<p>20 8:50 AM Contemporary Worship 10:00 AM Sunday School for all ages 11:00 AM Youth Band rehearsal 11:15 AM Traditional Worship 3:30 PM Youth Gathering</p>	<p>21 9:15 AM Soccer MFH 11:30 AM Emmaus Reunion Group 12:30 PM MFH 3:00 PM MFH 6:30 PM Women's Bible Study</p>	<p>22 7:15 AM Emmaus Reunion Group 9:00 AM Emmaus Reunion Group 9:00 AM MFH Chapel 12:00 PM Emmaus Reunion Group 2:00 PM Dance rehearsal 6:00 PM Joyful Praise 7:00 PM Amphion Youth Choir</p>	<p>23 7:00 AM UMM Breakfast 9:30 AM MFH Chapel 12:30 PM MFH 3:00 PM MFH 5:00 PM Carol Glorda 6:30 PM Emmaus Reunion Group 7:00 PM Nite Owls Quilters 7:30 PM Emmaus Reunion Group 7:30 PM Sanctuary Choir 8:30 PM Emmaus Reunion Group</p>	<p>24 9:30 AM Yoga MFH 10:00 AM Emmaus Reunion Group 10:00 AM Women's Bible Study 7:00 PM Amphion Youth Choir</p>	<p>25 7:30 AM Emmaus Reunion Group 9:00 AM Carol Glorda 9:00 AM Stretch-N-Grow MFH 9:30 AM Kinderdance MFH 10:30 AM Friday Lunch Bunch 10:30 AM Mommy and Me 1:00 PM Dance rehearsal 1:00 PM Emmaus Reunion Group 1:00 PM Emmaus Reunion Group</p>	<p>26 7:45 AM Emmaus Reunion Group 8:00 AM Emmaus Reunion Group 9:00 AM Carol Glorda</p>
<p>27 8:50 AM Contemporary Worship 10:00 AM Sunday School for all ages 11:00 AM Youth Band rehearsal 11:15 AM Traditional Worship 3:30 PM Youth Gathering</p>	<p>28 8:30 AM Snapology Camp 9:15 AM Soccer MFH 11:30 AM Emmaus Reunion Group 6:30 PM Women's Bible Study 7:00 PM Amphion Youth Choir 7:00 PM Stephen Ministry 7:00 PM Troop 3</p>	<p>29 7:15 AM Emmaus Reunion Group 8:30 AM Snapology Camp 9:00 AM Emmaus Reunion Group 9:00 AM MFH Chapel 12:00 PM Emmaus Reunion Group 2:00 PM Dance rehearsal 6:00 PM Joyful Praise 7:00 PM Amphion Youth Choir</p>	<p>30 7:00 AM UMM Breakfast 8:30 AM Snapology Camp 9:30 AM MFH Chapel 5:00 PM Carol Glorda 6:30 PM Emmaus Reunion Group 7:00 PM Nite Owls Quilters 7:30 PM Emmaus Reunion Group 7:30 PM Sanctuary Choir 8:30 PM Emmaus Reunion Group</p>	<p>31 8:30 AM Snapology Camp 9:30 AM Yoga MFH 10:00 AM Emmaus Reunion Group 10:00 AM Women's Bible Study 7:00 PM Amphion Youth Choir</p>		



ADDRESS SERVICE REQUESTED



July 1, 2014

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Presence: Are you present in worship as often as you can be? If not, why not? To live the Christian life we must receive the fellowship, encouragement, and support of the community of faith. Not to mention the importance of worship to our relationship with the Lord.

Gifts: Are you being faithful in your giving? Whether we are a member or regular guest we still have a need to give; we *all* do. There is a part of us which comes alive only when we give sacrificially. Not to mention that the ministry of the church requires the faithful, substantial support of each of us.

Service: In what way(s) are you serving Christ? In what

way(s) are you serving His church? The opportunities are endless, regardless of your gifting, abilities, or limitations. If you claim Christ, He claims you. In what way(s) are you serving Him?

In the above areas, what new, healthy habits might you take on to replace some old, not-so-healthy ones? As you commit yourself to them, the Lord will provide the strength you need to see them through.

"Commit your way to the Lord; trust in Him, and he will act." (Psalm 37:5)

Thank you. It is a blessing to be in ministry with you,

Help in Crisis

Are you, or do you know someone who is going through a crisis in life? These crises happen in all of our lives at one time or another, such as depression, the loss of a job, grief at the death of a loved one or a relationship, the necessity of hospitalization, the birth of a child. When crises come, it is helpful to have someone who cares help you. This is the ministry of the Stephen Ministers at Northwest Hills. When your crisis comes, make use of this ministry. Call the

church office and ask to speak to a Stephen Minister.

Since have begun using the Stephen Series here at NW Hills, we have seen the great value of lay caring ministry. We are therefore going to have another training class in the near future. Please give serious consideration to this question: Would my gifts and talents be put to good use as a Stephen Minister? Applications are in the church office or speak to a Stephen Minister after one of the worship services on Sunday morning. Stephen Ministers are those wearing a blue name tag.